

About Maetreyii Ma Nolan, Ph.D.

Through her personal realizations, insights and intuitions, as well as her knowledge of ancient Eastern teachings, Maetreyii Ma brings forward a very profound wisdom and shares it in her books. A student of both the numinous and psychology, Dr. Nolan is a teacher of ancient Yogic wisdom and a licensed psychologist in private practice. She is an ERYT yoga teacher and therapist as well as an Acharya or yoga minister. Maetreyii Ma is the president of Ananda Gurukula a non-profit organization dedicated to spreading the teachings of yoga and the spiritual director of her Ashram, Ananda Kamalalaya.