

## Book Description

### **Align with Spiritual Values and Live Your Life's Purpose**

Imagine living in a world in balance, where all beings are in harmony. What if fulfilling your life purpose could help create this? What if living your Dharma could, not only help you express your deepest truth, but also help restore the natural harmony to our planet?

This is what Dharma for Awakening and Social Change is all about. This book will allow you to:

- Explore an expanded understanding of dharma
- Discover deep insights into spiritual awakening
- Understand the core issues facing the planet today and how the application of your spiritual values can effect social change.

If you wish to live your life in alignment with your spiritual values, fulfill your soul's purpose and live a life in harmony with Dharma and all beings, then Dharma for Awakening and Social Change is the book for you.

#2 ***Dharma, for Awakening and Social Change***, expands understanding of deep spiritual truths and offers insight into and viable solutions for issues facing our planet today. Written from a yogic perspective, it explores how, when aligning with your *Dharma*, you can truly be the change you want to make and have a positive impact on your family, friends, culture, and society at large.