

DHARMA FOR AWARKENING AND SOCIAL CHANGE

BOOK DESCRIPTION

Winner of GLOBAL BOOK AWARDS for Mental and Spiritual Healing

C.O.V.R. 2020 Book Award-winner in Contemporary Spirituality

Dharma For Awakening and Social Change delves into an exploration of spiritual truths and their relationship to us personally and collectively with insight and resonance. Each of us has a deep connection to the whole. We are part of an interwoven, interconnected network of life. There is harmony, a place of deep connection that we can learn to access. The way to that deep Source is Dharma.

In this book, you will discover:

- Understanding of both personal and collective dharma.
- Ancient teachings that explain and often solve modern problems.
- How to work with the struggles that our world faces today.
- How to access your connection to dharma nature.
- How to bring life into balance both personally and in society.

We can access this both personally and collectively. When we lose the way of balance and harmony with all beings, we lose dharma, and this loss has caused so much difficulty in our world today. Yet when we return to these timeless truths, we open the possibility of healing, both for ourselves and our planet. This book explores how you can walk the path of harmony and truth to find your own healing and bring it to our world.

“In Dharma: For Awakening and Social Change...the most pressing issues facing the world today are paired with a spiritual approach and an eye-opening philosophy about personal evolution and balance... an essential read for those willing to learn.” - Self Publishing Review

“Inspiring and timely...clearly explains how positive change can occur, affirming a hopeful future.” ★★★★★

-Devananda Lacey, Minister & Yoga Teacher

“Powerful...Brilliant application of Dharma...showing the way for personal and collective awakening.” ★★★★★

-Acharya Ananda Deviika Ma, Spiritual Teacher